### PCO General Meeting, Wednesday, June 19, 2024, 7:30 pm

### From the PCO President

John Lydon

"You don't find this neighborhood anywhere else in Chicago. There's a sense of community in Pullman, and I think that's being fostered by a grassroots movement of people helping each other out and trying to, since 1960, make sure stories are told and live on." Last month I spoke with a reporter from Block Club Chicago who was writing an article about our community. During the interview, I discussed the history of the Pullman Civic Organization and expressed how the sheer volume of acts of service for others is unparalleled. From the recent Pullman Blood Drive to the upcoming Pullman Picnic, the PCO informs, supports, and gathers our community. Join us!

For my final article, I wanted to share Lessons from Geese, adapted from the original written by Robert McNeish. As a collector of quotes and poems, the lessons from this reading connect to the success of our community's past, present, and future.

#### Lessons from Geese

Fact One: As each goose flaps its wings, it creates an "uplift" for the birds that follow. By flying in a "V" formation, the whole flock has 71% greater flying range than if each bird flew alone. Lesson: People who share a common direction and sense of community can get where they are going faster and more easily, because they are traveling on each other's effort and momentum.

Fact Two: When a goose falls out of formation, it suddenly feels the drag and resistance of flying alone. It quickly moves back into formation to take advantage of the lifting power of the bird immediately in front of it. Lesson: If we have as much sense as geese, we stay in formation with those headed where we want to go. We are willing to accept their help and give our help to others.

Fact Three: When the lead bird tires, it rotates back into the formation to take advantage of the lifting power of the bird immediately in front of it. Lesson: It pays to take turns doing the hard tasks and sharing leadership. As with geese, people are interdependent on each others' skills, capabilities, and unique arrangement of gifts, talents, and resources.

Fact Four: The geese flying in formation honk to encourage those up front to keep up their speed. Lesson: We need to make sure our honking is encouraging. In groups where there is encouragement, the production is much greater. The power of encouragement is the quality of honking we seek.

Fact Five: When a goose gets sick, wounded, or shot down, two geese drop out of formation and follow it down to help and protect it. They stay with it until it dies or is able to fly again. Then, they launch out with another formation to catch up with the flock. Lesson: If we have as much sense as geese, we will stand by each other in difficult times as well as when we're strong. The collective commitment of the group creates security for each individual.

Thank you to everyone who continues to contribute to our collective efforts in moving Pullman forward. Together, we can!

## JOIN THE PCO FOR THE 2024-2025 MEMBERSHIP YEAR BY USING THE QR CODE OR LINK BELOW



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## HPF Railroad Days 2024: Thank you, Partners and Volunteers!

There's nothing quite like Pullman Railroad Days. It's a whole community effort, with incredible companies and organizations, all coming together to create one of the biggest events of the year. And big it is! This year, we had more partners, more volunteers, and more programs & attractions than ever before. All thanks to our incredible partnership with the National Park Service and the Illinois Department of Natural Resources. Their help and support truly are the foundation of the entire celebration.

Of course, an event named Pullman Railroad Days definitely starts with the remarkable work of Metra, and the American Association of Private Railcar Owners - AAPRCO. Employing the Metra 111th Street station and the entire Metra Electric line to bring these amazing railcars from all corners of America home to Pullman is no small feat. We couldn't do any of this without the incredible commitment of Metra and the entire AAPRCO team. Their work goes hand-in-hand with all of our generous sponsors. Amazon. Canadian National. Pullman Bank & Trust, Norfolk Southern, Union Pacific, and all the extraordinary organizations that help make Pullman Railroad Days

and all the extraordinary organizations that help make Pullman Railroad Days a reality. Many of the attractions our visitors enjoyed over the remarkable weekend are made possible by our fantastic program partners - all the tables, tents and exhibits from partners like Pullman House Project, the Chicago History Museum, Mother Jones Heritage Project, the Eugene Debs Foundation, Amtrak, CAPS and the Illinois Railway Museum. There were so many fun and exciting things to experience - the Little Calumet River Underground Railroad Project, the amazing Pullman National Historical Park Rangers, the Pullman Tech Workshop people, and on and on.

Did you get to see NS's great exhibit of the locomotive simulator? Or, the CTA's remarkable Heritage Fleet bus from the 50's? And no doubt, the community train ride on CN's Little Obie - and the shuttle between Exhibit Hall and the national park visitor center on CSX's Mighty Chessie were a true highlight of the weekend - we can't thank these partners enough for everything they did. The year-long effort to build and create this event begins at the Historic Pullman Foundation, its dedicated Board Members and the HPF staff - starting with the big push by our Pullman Railroad Days Chairman, Joe Szabo, and the endless commitment of Event Organizer, Rebecca Conant. There are so many unseen good deeds - like Jose Gonzales and his manager, Marcus, who housed Mighty Chessie for us. Alderman Beale and his office who assisted with street closures. And if you grabbed a rain poncho on Saturday, thank Cindy McMahon who ran to the store and made sure we had lots of those. Among the million other things she did. But all of it, everything that happens at Pullman Railroad Days is because of one important, dedicated, amazing group of people... The hundreds of Historic Pullman Foundation Volunteers. You made all the difference. Each day, nearly one hundred orange t-shirt clad people came out and set up tents, carried signs, checked people in, gave insightful tours, showed off Hotel Florence, and just generally displayed their love of the Pullman community - completely free of charge. And that's extraordinary. It's what makes this event, this place, our community... so very special.

All of us at Historic Pullman Foundation, give you our deepest, most heartfelt gratitude. For all of you - our partners, our sponsors, the board members, staff and our tireless volunteers. . . .Thank you, for another amazing Pullman Railroad Days.



Photo credit: Jeff Shear



## The Pullman Flyer

## **Membership Committee**

Harriette Burks-Watson and Arlene Echols, Co-chairs

# Solon Says: A Report of the PCO Beman Committee

Megan Lydon and Wyatt Ollestad Co-Chairs pcobemancommittee@gmail.com

As mentioned in previous Pullman Flyer articles and elsewhere, the City of Chicago Department of Buildings has recently debuted their new Express Permit Program, which allows for easy online permit application for most of the kinds of work related to our historic facades. The City has an introductory video posted online, which includes a helpful demonstration of the application process, available at https://www.youtube.com/watch?v=nWCpGXAQnBO (or search for 'Introduction to Express Building Permits' on YouTube). And of course, the Beman Committee is also here as a resource should you have any questions – feel free to reach out!

Throughout the years, the Beman Committee has received many inquiries from both new residents and long-timers alike. Below is a brief list of questions we often receive, which can serve as a good introduction for newcomers as well as a refresher for those who've lived here for years. These and other questions you may have are also answered in our Pullman Homeowner Guide, available at pullmancivic.org.

#### Q: What does the Beman Committee do?

A: The Beman Committee is a standing committee of the Pullman Civic Organization (PCO), and is tasked with helping property owners preserve and restore the historic features of their buildings' facades. Like the PCO itself, the Beman Committee is comprised entirely of volunteers, some of whom have professions in architecture and historic preservation. The Pullman Homeowner Guide, Façade Legacy Project, and Façade Reimbursement Program are just some of the accomplishments we've achieved since the Committee's formation in 1968.

#### Q: What is this 'Landmarks' I keep hearing about?

A: The Commission on Chicago Landmarks is part of the Department of Buildings, and oversees the preservation, maintenance, and rehabilitation of Chicago's historic buildings. The southern part of Pullman was declared a City Landmark District in 1972, the northern part in 1993, and then both were merged into one in 1999. Unlike many other Landmark properties in the City, the entirety of Pullman constitutes a singular District, which means each and every building within the District falls under Landmarks purview.

Q: I know there are rules about what I can do to the front of my building, but does the Commission on Chicago Landmarks or the Beman Committee have any say over the inside of my property?

A: No, the Commission on Chicago Landmarks and the Beman Committee are really only concerned with the street-facing facades of buildings, as they connote the historic architectural significance of the neighborhood. Property owners are free to do with the inside of their buildings as they see fit – so long as any applicable work is permitted. The interior of Pullman buildings is guided by the Chicago Building Code, so any major structural, electrical, plumbing, etc. work needs to be permitted. Which is to say, the same standards apply to the interior of Pullman buildings as the interior of any other building in the city.

Q: Building permits are expensive. Do I really need to get one?
A: Ensuring that any proposed work meets with the requirements of the Chicago Building Code is important to preserve the structural integrity of buildings and safety for its occupants. Moreover, much of Pullman's noteworthiness is because of its architecture, so making sure no improper work is done to the facades of buildings is equally important. Fortunately, by virtue of living in a Landmark District, the fees for building permits — even those pertaining only to interior work — can be waived! And even better, the fee waiver is now automatically applied to all permit applications done through the City's Express Permit Program, which covers most work related to our facades (like door and window replacement, etc.). A full set of Permit Fee Waiver paperwork is still needed for permits requiring architectural drawings (i.e., larger projects like moving walls, running new electrical, etc.), and must be filed in advance, so be sure to get started early if you're planning on a more significant renovation.

Q: Will the Beman Committee fine me if I don't get a permit?

A: The Beman Committee cannot levy any fines or otherwise penalize property owners - only the City of Chicago can do that. In addition to fines, unpermitted work leaves the property owner open to liens being placed upon the property. The violations review process by the City can often take a long time, so just because it seems a property owner 'got away with' not acquiring a permit, that doesn't mean they're in the clear. It's always a safer choice to seek a permit rather than try to avoid having to get one, and the Beman Committee is always here to help! When in doubt, reach out!

Hello Pullman residents!

We want to express our gratitude to everyone who contributed to the success of the PCO Annual Membership Kickoff. We received a variety of food donations, including popular vegan options and an array of sweets. In addition, many individuals donated their time and energy to decorate, roast, and sign up new members, making the event a wonderful experience for all.

We also want to remind you about the \$50 lottery, generously sponsored by Arlene Echols and Roderick Lewis, for paid 2024-25 PCO members during the first three months of the membership drive. When you become a member, you'll automatically be entered for the June, July, and August lotteries. We're excited to share that Cindy McMahon was the lucky winner of May's lottery!

You can join the PCO for only \$10 when your Block Captain visits your home or at the monthly PCO meeting. You can also opt to join through PayPal http://www.pullmancivic.org/?page\_id=1657 for a small surcharge or by scanning the QR Code provided on the front page.

No matter how you choose to join, we encourage you to become a member of the PCO and help support all the services that make our neighborhood a better place to live.

#### Historic Pullman Garden Club Lynn Smith

Have you gotten your ticket for the Pullman Garden Walk on 6/29/24, from 10 to 4? Whether you are a loyal yearly attendee or someone new to the neighborhood, you will find a peek into the Pullman yard fascinating! Small gardens in interesting architectural settings make for great city retreats!

And, if you are involved in the volunteer work of putting this walk together, whether by being on the walk or volunteering in some other way on behalf of the Garden Club, you are heartily invited to our Garden Walk Pullman potluck after the walk! There will also be Pullman plants for sale!

The Garden Walk not only publicizes and promotes the area and acts as a fundraiser, but also gives "budding" (I am sorry there are just too many garden-related adjectives!) gardeners ideas for their own yards!

We continue to work on public spaces and encourage you to explore and develop your own slice of nature in this place we call Pullman.

### Green Spaces and Places: Ravine and River Escape Lynn Smith

Two special places, both less than a day's drive from Pullman which can comfortably be visited in tandem are the Edward Ryerson Nature Preserve and the Ft. Sheridan, the old Fort Sheridan Army Site. The former site is 565 acres of pristine and diverse river bordering woods, and the latter is 321 acres of land along Lake Michigan. Both are in Lake County, II.

What is interesting in regard to both of these sites is that they also both contain historic structures located in areas of unusual beauty. Fort Sheridan was designed as a Army Base in 1889 and includes the work of landscape designer O. C. Simonds. The area was developed for residential use in the 1990s. Currently it is a very pleasant area to visit – as the buildings have been generally well restored. Ravines are visible through the area, intersecting with the Lake Michigan Shore. It is a prime area for birdwatchers.

The Edward Ryerson Nature Preserve and Conservation area, at 21950 North Riverwoods Rd, in Riverwoods, IL, is slightly west of the Chicago Botanic Garden , with a nice visitor center, farm, and 6.5 miles of trails, many but not all of them along the DesPlaines River. If you have the better part of the day I would highly recommend visiting both of these places. . . . And of course there are trestaurants in Highwood, II which are not too far away. . . . And we'll keep talking. . .





## The Pullman Flyer

#### From the Dining Car **Astrid Fingerhut**

It's June! The days are warm and long and we all just want to spend as much time outside as we can (except for my dog Laika, who prefers air conditioning to sunshine, but who gets the outside happy zoomies in February... sigh).

Our neighbor, Brent LaRowe, offered to share his easy-to-make lasagna recipe. It's the kind of quick and delicious recipe that I love to make—and I guarantee that it will disappear fast if you bring it to cookouts and parties!

"This dish is assembled in a flash, tastes great, and is easily modified. Being a baked pasta dish, the smart person knows that it'll take a bit over an hour, start to finish; but the leftovers keep well in the fridge and reheat easily. I learned this dish from my mother, who learned it from her mother, I think, but it is not a family recipe at all -- that line of the family were Scottish farmers in Ontario, so who knows where grandma learned this recipe.

The key difference is the use of cottage cheese instead of ricotta. Undoubtedly motivated as a cost saver, it results in a wetter piece of lasagna straight out of the oven. It's a little milder in flavor and a lot less salty. As a reheated leftover, everything tastes just a bit better, and it holds together well, too.

#### Ingredients

- 1 16oz box of lasagna noodles
- 1 24oz jar of pasta sauce (chef's choice)
- 2 8oz bags of shredded mozzarella (pro-tip: buy a third bag if you like it cheesy)
- 1 16oz container of large-curd cottage cheese
- 1. Pre-heat oven to 350 degrees F
- 2. Bring a large pot of water to a boil (salted if you wish), and prepare the noodles per instructions
- 3. After noodles cook, drain and rinse with cold water
- 4. In a 13" lasagna dish, coat the bottom with about 2 tbsp of pasta sauce
- 5. Place a layer of noodles
- 6. Spoon out approximately 3 tbsp of pasta sauce onto the noodles
- 7. Spoon out approximately 3 tbsp of cottage cheese onto the noodles and sauce
- 8. Spread sauce and cottage cheese, evenly coating the noodles
- 9. Spread approximately 3/4 cup of mozzarella cheese over the layer
- 10. Repeat steps 5-9 until dish is full
- 11. Generously top the dish with mozzarella cheese
- 12. Bake in the center of a 350 degree oven for 30 minutes, or until edges are bubbling and topped cheese is melted and browning
- 13. Take out and let cool for at least 5 minutes before plating

Of course, it's highly customizable. One can easily enhance the dish with different sauce choices, whole-milk mozzarella instead of part-skim, and even the inclusion of ricotta in addition to or in place of the cottage cheese. For the meat-lovers, crumbles of Italian sausage make for an easy change, and experimenting with different cheese blends is fun. Additions of various sliced vegetables can help include more vitamins and minerals to the kid's diet (just consider baking a bit longer to boil off the extra liquid). If one loves spice, crushed red peppers go a long way, and I find that cayenne pepper sauce (Frank's Red Hot, Louisiana Hot Sauce, and the like) really compliments this recipe well!"

#### Center for Hard to Recycle Materials Susan Schoephoester

If you are not satisfied with blue bin recycling, this is another option. They take a variety of items that don't go into the blue bin. Check out this website: https://www.cookcountyil.gov/CHaRMCenter



#### WEEKLY ACTIVITIES National Park Service Visitor Center (Clocktower) - Open 7 days a week, 9am-5pm Beginning July 11th Wednesdays 7am - 1pm Pullman Farmer's Market 111th Pl & Forrestville The Block House Gallery Open Thurs 4pm-6pm / Sat 12pm-2pm 11137 S Langley Historic Pullman Foundation Exhibit Hall Friday-Sunday 12pm-4pm 11141 S Cottage Grove MONTHLY MEETINGS AND SPECIAL EVENTS Event (\$ if charge) Where/How When Fri 6/14 10am-2pm Ald. Beale's Juneteenth Celebration @ 9th Ward Office 34 E 112th Pl Tues 6/18 6pm Community Policing 531 Beat Meeting **HPF Exhibit Hall** Tues 6/18 6pm-7:30pm CTA Red Line Extension - Public Mtg Community Ctr 10355 S Woodlawn PCO General Membership Meeting (3rd Wed) Wed 6/19 7:30pm Exhibit Hall 112th St Everyone is welcome! Free Food/Produce Distribution Fri 6/21 10a-Noon Dollar Tree Lot, 209 E 103rd St Sat 6/22 2pm-3pm Junta Jazz Ensemble Pullman Library 11001 S Indiana Sun 6/23 3pm HPF Speaker Series: Maternalist Pullman with Lauren Finnegan @ Exhibit Hall **House Tour Committee Meeting** FLM Center 614 E 113th St Tues 6/25 6:30-7:30pm Ald. Beale 9th Ward Community Meeting Pullman Presby Church, 550 E 103rd St Ladies Lunch Group (4th Wed) Interested? Email Sschoephoester@gmail.com Wed 6/26 11:30am Wed 6/26 7:30 pm PCO Beman Committee Mtg (4th Wed) FLM Center 614 E 113th Sat 6/29 10am-4pm Pullman Garden Club Annual Garden Walk (\$) 5th District/Anti-Cruelty Society Dog Wellness Fair 727 E 111th St (leashed only!) Sat 6/29 11am - 2pm Sun 6/30 3pm-4:30pm HPF Pullman Lens Series: Politics and Parades @ Exhibit Hall Pullman Garden Club Monthly Meeting FLM Center 614 E 113th St Wed 7/3 7:00pm Sat 7/13 2pm-4pm Free Jewelry Making Workshop (Ages 6+) Pullman Library 11001 S Indiana Community Policing 531 Beat Meeting Tues 7/16 6pm PCO General Membership Meeting (3rd Wed) Wed 7/17 7:30pm Exhibit Hall 112th St Everyone is welcome! Ald. Beale 9th Ward Community Meeting Pullman Presby Church, 550 E 103rd St Tues 7/23 6:30-7:30pm Ladies Lunch Group (4th Wed) Interested? Email Sschoephoester@gmail.com Wed 7/24 11:30am Wed 7/24 7:30 pm PCO Beman Committee Mtg (4th Wed) FLM Center 614 E 113th Mark your Calendars for the Annual Companion Animal Blessing - Sunday Oct 6th

PULLMAN CALENDAR FOR JUNE - JULY 2024

The Pullman Flyer is produced monthly by the Pullman Civic Organization, 614 E. 113th Avenue, Chicago, IL 60628. The viewpoints expressed in The Pullman Flyer are not necessarily the convictions of the Pullman Civic Organization. The deadline for the upcoming Flyer is the last day of the previous month. Committee reports, announcements, letters to the editor, dedication suggestions, and articles should be emailed to sandyczajko@sbcglobal. net. All submissions become the property of The Pullman Flyer.

Submit your Pullman / local community event details to pullmancalendar@gmail.com

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Non-residents may receive a one-year subscription to the *Pullman Flyer* by sending a \$10.00 check made out to the Pullman Civic Organization to: Pullman Flyer, (Attn: Beverly Ash-Larson, Distribution Coordinator), 614 E. 113th Street, Chicago, IL 60628



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## The Pullman Flver

## **CLASSIFIED ADS**

Real Estate Ads (sales and rentals) are \$15 per month. Service ads for businesses, personals, and other sales ads are \$10 up to 3 lines per month. Checks should be made payable to the Pullman Civic Organization. All inquires about ads in the Pullman Flyer can be sent to: PullmanFlyerAdvertising@gmail.com.

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Hold your event at Pullman's volunteer-run local art gallery, located inside the Pullman Artspace Lofts at 11137 S Langley!

Contact info@pullmanarts.org to inquire about rates, see the space, or set up an event rental.

Follow @blockhousegallery on Instagram or PullmanArts on Facebook to learn about upcoming gallery shows and other stuff PullmanArts is doing in the community.

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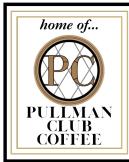
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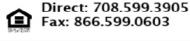
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